Planning for Success

Directions: Choose a specific, respectful behavior that you want to use from the lists of ideas. This behavior is your goal.

My name: _____

The respectful behavior I will use is: _____

_____

This is how my behavior will look and sound: _____

My tone of voice will be: _____

My face will look: _____

Some words I can use are: _____

Some things I can do are: _____

This is when and where I can use my respectful behavior (describe when and where in detail; for example, at lunchtime when I am sitting with my friends, at recess when I am playing basketball. Try to list at least four different ideas):

1. _____

2. _____

3. _____

4. _____

My Record of Success

Directions: Keep track of your successes. Check one blank each time you use your behavior.

_____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____

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